

January 2024

European e-brief

## Project Objectives

1. Ensure the specific mental health needs of refugees are understood to 50 support service workers in civil society organisations and local authorities

2. Strengthen and support the mental wellbeing of 210 refugees through the work of the local CCS

3. Increase civic engagements and active participation in society amongst refugees, asylum seekers and vulnerable migrants

4. Upskill 70 CCS professionals to create creative wellbeing supportive learning material

5. Promote social inclusion and diversity through art and creativity to 12 local authorities' settlement and integration support services

## Target Groups



Refugees, asylum seekers and vulnerable migrants



Support and key workers, civil society organisations



Local artists and creative and cultural industry professionals

## Project Summary

342

Individuals reached by the end of the project

1. Best Practice Handbook
2. Professional Development Sessions
3. Blended Learning Course
4. Facilitator e-Course
5. Awareness & Understanding Campaign

## What's next

February 2024:  
Stakeholders  
Cocreation Activities

April 2024:  
Best Practices eBook  
Release

May 2024:  
Translated eBook  
Release

Mindfulness for  
Integration



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