Partnership















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Mindfulness for Integration



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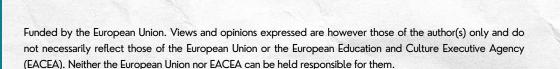




A project aimed at helping refugees and migrants' mental health through arts

Project number: 2023-1-HU01-KA220-ADU-000160977







Objectives

- 1. Ensure the specific mental health needs of refugees are understood to 50 support service workers in civil society organisations and local authorities
- 2. Strengthen and support the mental wellbeing of 210 refugees through the work of the local CCS
- 3. Increase civic engagements and active participation in society amongst refugees, asylum seekers and vulnerable migrants
- 4. Upskill 70 CCS professionals to create creative wellbeing supportive learning material
- 5. Promote social inclusion and diversity through art and creativity to 12 local authorities' settlement and integration support services



Target Groups

- 1. Refugees, asylum seekers and vulnerable migrants
- 2. Support and key workers, civil society organisations
- 3. Local artists and creative and cultural industry professionals

Project results



Best Practice Handbook



Professional Development Sessions



Blended Learning Course



Facilitator e-Course



Awareness & Understanding Campaign

